



# GRINDELWALD SKI TOURING WEEK

**2022 TRIP NOTES**









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## 2022 SKI TOUR DETAILS

**Dates:** Available on demand from  
January to April

**Duration:** 5 days

**Departure:** ex Grindelwald, Switzerland

**Price:** From €2,680 per person

▲ Explore big mountain, backcountry terrain. Photo: Olivier Baron

Switzerland is home to some of the world's best winter terrain, offering an endless amount of amazing skiing and the infrastructure that makes it easily accessible. This ski-touring week is based from the well-known ski town of Grindelwald, which has an envious location under the mighty Eiger.

The European Alps are full of climbing and skiing history. They are the birthplace of mountaineering and their rich heritage adds to the comprehensive lift network and superb catered huts which provide access and shelter for mountaineers and ski-tourers not seen elsewhere.

Our Grindelwald Ski Touring Week allows you to wake up each morning knowing that you have the option of skiing numerous runs beneath the spectacular mountains that surround the village.

Enjoy un-tracked powder turns through the numerous tree runs. Your guide will enjoy taking you to the best locations and giving you the opportunity to make the most of the snow, terrain, location and the beauty of this area.

## OUR GUIDES

Adventure Consultants guides are BMG, NZMGA and/or IFMGA-UIAGM qualified mountain and ski guides. They are professional mountaineers and operate to the highest industry standards.

Being a technically proficient climber or skier is not enough to work with us; our standards demand that trip leaders are great guides with good people skills as well. You will find your guide friendly, approachable and focused on providing a safe and enjoyable trip in line with your objectives and comfort level.

Success with the highest margin of care is always a hallmark of our approach, promoting the realisation that even extreme pursuits such as high-altitude mountaineering can be undertaken safely.



▲ Berner Oberland sunset. Photo: Tim Robertson

Adventure Consultants only employs IFMGA qualified guides for European ascents and courses. Guides must undergo rigorous training and assessment on climbing skills, instructional skills, avalanche training and assessment, wilderness first aid, rescue training and much more to gain these qualifications. It takes many years to attain IFMGA status, which ensures you are getting a world-class professional service.

## PREREQUISITE EXPERIENCE

To ski tour in the European Alps, you need to be physically fit and capable of strenuous exercise each day. Most days will start early, but there is usually scope for some later starts and relaxed evenings to enjoy the classic European culture.

Even skiing and climbing at the moderate altitudes in Europe has a definite physical effect on people. Most climbers and skiers notice a lower performance rate than normal. Touring days are physically demanding and can entail 1,000m/3,300ft ascents at altitude.

## TEAM MEMBERSHIP

The number of guides is determined by the size of the group. The ratio of guides to climbers will be 1:2 or 1:4 depending on the skill level of the group.

## SAMPLE ITINERARY

Departures are available on demand from January to April.

## DETAILED ITINERARY

Following is a sample itinerary. Please note this is subject to change depending on weather and snow conditions.

### Day 0

Arrive into Grindelwald and overnight at your hotel.

### Day 1

Travel up the first cable car, then onto the Oberjoch (2,486m/8,156ft). From here, we ascend to the Faulhorn (2,681m/8,795ft) where we take in the views of the Eiger, Mönch, Jungfrau and Lake Brienz. We then ski down to 1,600m/5,250ft near Bussalp or to the valley floor at 930m/3,050ft. This provides us with a good warm-up day. Overnight at Grindelwald hotel.

### Day 2

This morning we head to Isenfluh, where we catch a tiny 6 person cable car up to Sulwald (1,500m/4,920ft). From here, we ascend to Klein Lobhörner at 2,519m/8,264ft and ski towards the scenic Soustal. There will be an option to combine this with ascending Schwalmere for an extra 400m/1,300ft ascent. We finish the day off by descending back to Isenfluh (1,080m/3,540ft) for another hotel night.

### Day 3

We head off to explore the Rosenloui Valley. We will ascend from the Schwarzwaldalp Hotel, which is situated under the Wellhorn (3,191m/10,469ft) for an 1,100m/3,600ft ascent and powder descent. Overnight at hotel.

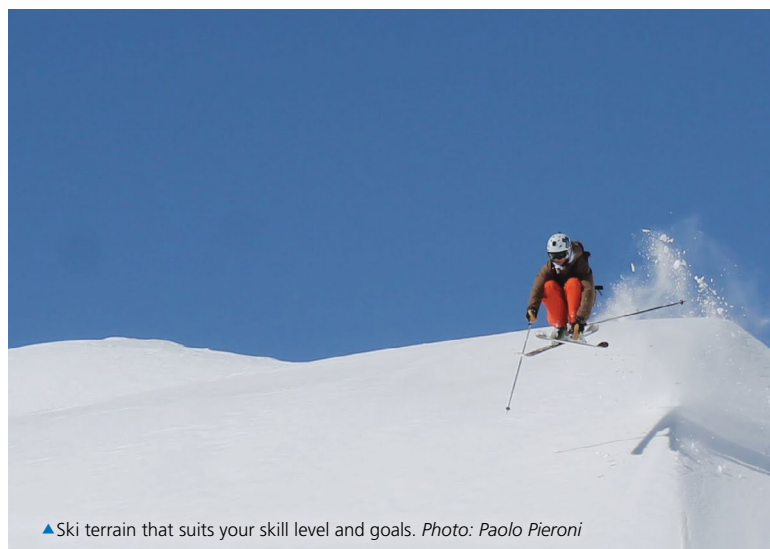




▲ Enjoy the freedom of exploring the backcountry. Photo: Tim Robertson



▲ Fresh turns, all day. Photo: Paolo Pieroni



▲ Ski terrain that suits your skill level and goals. Photo: Paolo Pieroni

## Day 4

Our objective today is to head up to the Oberjoch and then ascend the Reeti (2,577m/8,454ft), before moving onto the Uf Spitzen (2,381m/7,812ft) for some steeper powder skiing. We finish the day by skiing back to Grindelwald and spend another night at the hotel.

## Day 5

We travel through the famous Lauterbrunnen Valley and take the lifts to the Schilthorn (2,980m/9,777ft). From here, we ski some exciting ridgelines towards a 400m/1,300ft ascent to the summit of Hundshorn (2,930m/9,612ft), which culminates in a 2,000m/6,600ft vertical descent to the Kien Valley (950m/3,120ft). We finish the day with a celebratory drink on the train that will take us back to Grindelwald. Enjoy a final hotel night.

## Day 6

Depart for home.

## THE ADVANTAGES OF SKI TOURING WITH ADVENTURE CONSULTANTS

Adventure Consultants is renowned for the quality of its service and strategy applied to expedition and ascent climbing. Our reputation is attributed to meticulous planning and experienced logistics coordination. We have a philosophy of investing in every expedition to offer our climbers the best possible chance of success.

We employ strong and specialised IFMGA Mountain Guides, who are some of the most pre-eminent in the industry. Many of our expedition members and climbers come to us because they have seen us in action on a previous trip and decide to opt for our level of service and proven experience. Others return because they know we do our very best to make expeditions and guided ascents safe and successful.

## EQUIPMENT LIST

Skiing in the European Alps requires high quality clothing and equipment due to the extremes of weather conditions that may be encountered. You will be sent a clothing and equipment checklist



▲ Travel beyond the ski field boundaries. Photo: Olivier Baron

upon confirmation of your booking. A selection of rental equipment is available in Grindelwald should you need to hire any equipment.

## FITNESS & HEALTH

To make the most of your skiing experience we encourage you to work on your fitness and skiing/snowboarding prior to the trip. You need to be a strong intermediate skier or snowboarder to get the most out of the week. Your guide places special focus on fitness levels and will regulate the pace accordingly.

Our registration form requests that you advise us of any medical problems you may have and if you are on any medication. Any information you supply will be treated as confidential.

## FOOD

Adventure Consultants will provide breakfasts for the duration of the trip. You will be responsible for your own lunch and snacks each day, plus evening meals. This allows you to experience the exciting culinary options available in Grindelwald as there are restaurants and bars within close walking distance that provide a variety of foods to suit your tastes. Any additional food, bottled water, beverages or meals you purchase that are not mentioned in the inclusions will be at your own expense.

You should bring a selection of your favourite snack food and hydration drinks with you to ensure you are fuelled for by your preferred brands, as well as money for lunches and snacks whilst skiing. Actual amounts depend on your

consumption but two snacks per day in addition to your lunch would seem reasonable.

If you have any special dietary requirements, please advise us at the time of registration. If your dietary requirements are especially strict you may be advised to bring a supply of your required food types with you to ensure you are provided for.

## ACCOMMODATION

Accommodation is provided on a twin share basis. The 2-3 star hotel B&Bs we utilise are clean and comfortable and include breakfast. We can arrange a single room or upgrade to a higher quality hotel if you prefer. Please enquire about options and costs at the time of booking.

## INSURANCE

We strongly recommend that you take out Trip Cancellation Insurance and Travel Insurance, as well as Medical and Rescue Insurance to protect yourself in the event of injury or mishap prior to or during your trip.

While our focus is on safety and our track record supports this, the mountains do have hazards and there is the potential for mishap. If you were injured whilst on the trip, there is a very efficient rescue service nearby.

## PRICE

The cost for the five-day Grindelwald Ski Touring Week are:





▲ Spectacular views across the Swiss Alps. Photo: Dino Reichmuth

€6,100 for 1:1 guide to skier ratio  
€3,770 per person 1:2 guide to skier ratio  
€3,090 per person for 1:3 guide to skier ratio  
€2,680 per person for 1:4 guide to skier ratio

This is an inclusive cost and covers the following:

- Ski-tour guiding for 5 days
- Group technical equipment
- Lifts as per scheduled itinerary
- Hotel accommodation twin share B&B for 6 nights

The cost **does not** include the following:

- Any lifts, huts, hotels, transport costs that are additional to the programme due to changes to the programme due to weather or organisational changes
- Personal ski/mountaineering clothing and ski equipment rental
- Airport transfers to/from Grindelwald (although we can arrange this for you)
- Evening meals
- Snack/lunch food whilst touring
- Single supplement in hotels
- Insurance
- Gratuity

## PAYMENT DETAILS

All payments should be made by bank transfer to the following Euro bank account:

Bank of New Zealand

Offshore Branch  
42 Willis Street  
Spark Central  
Wellington  
New Zealand

for the account of Adventure Consultants Limited

**Account Number:** 1000-594771-0002

**Account Type:** Euros

**Swift Address:** BKNZNZ22

**NOTE:** All bank transfer charges are for the remitter's account.

We can also accept your deposit and balance payment by credit card (Visa, Mastercard and Amex) plus a 3% credit card transaction fee.





▲ Eiger, Monch & Jungfrau from Morgenberghorn. Photo: Tim Robertson

## DEPOSIT

To secure a place on the Grindelwald Ski Touring Week we require a completed registration form with a deposit of €500.

## BALANCE

The balance of payment is then due 60 days prior to the start date.

## CANCELLATION & REFUND POLICY

- Cancellations outside of 60 days will result in the loss of the trip deposit.
- For cancellations made within 60 days of the trip commencement date, we reserve the right to retain 50% of the full fee.
- For cancellations made within 30 days of the trip commencement date, we reserve the right to retain 75% of the full fee.
- For cancellations within 15 days of the departure date a cancellation fee of 100% of the full fee applies.

We recommend you take out trip cancellation insurance via your travel agent if you wish to be covered against cancellation due to medical or personal reasons.

## HOW TO JOIN THIS TRIP

If you would like to join one of our Grindelwald Ski Touring Weeks, please complete our online booking form and forward your deposit payment at <https://www.adventureconsultants.com/skiing/european-alps-backcountry-skiing/grindelwald/book-now>.

## CONTACT US

If you require more information, please contact us at:

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▲ Overlooking the Kleine Scheidegg, Lauterbrunnen. Photo: Samuel Ferrara



Adventure Consultants is affiliated to the New Zealand Mountain Guides Association (NZMGA), New Zealand Alpine Club (NZAC) and a corporate member of the American Alpine Club (AAC). Adventure Consultants is a supporter of the dZi Foundation in Nepal for their 'Revitalise a Village' programmes.

Adventure Consultants perform to IFMGA/UIAGM standards and are world leaders in high altitude guiding.



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